



“GO FOR GOLD”
Short Course Qualifying
Signature Meet

Saturday 23 May
WRAC-Kilbirnie

Warm up: 4.30 - 5.00pm
Start: 5.15 pm

“Bag of Loot”- 25 ‘gold’ pieces to be won by each age group winner, male and female, 9 & Under, 10/11, 12/13, 14/15, 16 & Over. Spot prizes!!

Event		Distance	Stroke
1	Mixed	50	Fly
2	Mixed	100	Fly
3	Mixed	200	Fly
4	Mixed	50	Breast
5	Mixed	100	Breast
6	Mixed	200	Breast
7	Mixed	200	IM
8	Mixed	50	Back

Event		Distance	Stroke
9	Mixed	100	Back
10	Mixed	200	Back
11	Mixed	50	Free
12	Mixed	100	Free
13	Mixed	200	Free
14	Mixed	100	IM
15	Relay		Free

Conditions of Meet

- Maximum of three events per swimmer, each of a different stroke. IM's count as a stroke.
- 12 & overs must swim 1 x 200, 1 x 100 and 1 x 50m. 11 & under 1 x 100m and 2 x 50m.
- Club relay 10 x 50m freestyle mixed – one boy and one girl from each age group, clubs can combine and swimmers may swim up an age group.
- The meet will be conducted under SNZ Rules and local rules as applicable.
- The organisers will if necessary alter the programme and/or refuse entries to allow the meet to finish within the allotted time.
- The organisers will not be responsible for any loss or damage during the period of the meet.
- Age is at the day of meet.
- The meet is short course and will be run as timed finals, with over the top starts. Official short course, converted long course times to be submitted as a cfile accompanied by a fee summary report and swimmer entry report. “No Times” will be accepted.
- Entries close on **Wednesday 13th May 2009** at 5.00pm with: Philippa Lucie-Smith, phone (04) 938-7995. Please email your entries (TM cfile) to pluciesmith@paradise.net.nz

- Entry fees of \$6.00 per swim must be forwarded by Thursday 14 May 2009 to: The Treasurer, Karori Pirates Swimming Club, PO Box 22-075, Khandallah, Wellington. Cheques should be made out to Karori Pirates Swimming Club Inc.
- No refunds for withdrawals after the circulation of the psych sheets.
- Programmes: \$2.00. Pool Entry \$2:00 per adult. Child \$1.00. Swimmers and Named Officials - Free
- All participants must agree to comply with the Sports Anti Doping Rules.
- Publicity - Entry constitutes consent to photographs for publicity purposes.
- Officials – 1 IOT and timekeeper per club – please contact Paul Wallis on 972-3462 or walfam@paradise.net.nz
- Contestants have to be present in order to claim prizes. Age group prizes consist of \$25 in \$1 coins.
- Officials – no whites.